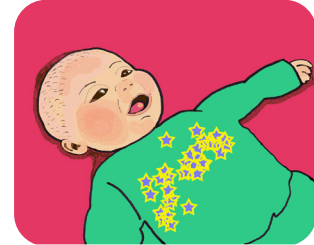




## Kick Boxing Handout A31

Other toys or safe household items I could dangle in front of my baby:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

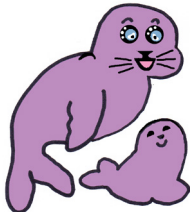
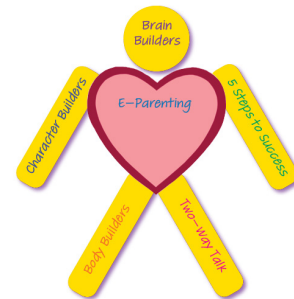


Which Daily Do I want to focus on practicing:

- \_\_\_\_\_

When will we do this activity:

- \_\_\_\_\_
- \_\_\_\_\_



Which skills or concepts I want my infant to learn:

- \_\_\_\_\_
- \_\_\_\_\_

How to do this activity:

1. Use **Ready for Play and Learning** to see if your baby is ready to play and learn. Remember to use **5 Steps to Success** as you help your infant explore their natural curiosity during the activity.
2. Place your baby on the floor and put them on their back. Then show them the sock you created. Swat it with your hand or squeeze the sock to demonstrate that it makes noise. Remember to describe what your infant is seeing and hearing.
3. As your baby begins trying to swat at the sock with their hand or kicking it with their foot, point out what they're learning. For instance, you might say something like: **You're working so hard to kick the sock! You did it. Your tiny foot kicked the sock. It made a crinkly sound.**